

Jefferson Parish Parks & Recreation

Westbank Fall 2016

**2016 10 Mill Ad Valorem
Property Millage
Renewal for**



On December 10, 2016 voters will be asked to consider **RENEWING** a separate Ad Valorem Property Millage which is 93% of the operational budget for Parks & Recreation.

PLEASE REMEMBER TO VOTE!

Greetings

A publication of the Jefferson Parish Department of Parks and Recreation which is dedicated to enhancing the quality of life in our community by offering various programs, activities and facilities for the citizens of Jefferson Parish.

How to Contact

Parks and Recreation

By phone:

Eastbank - 736-6999

Westbank - 349-5000

Lafreniere - 838-4389

By Email:

www.jpcreation@
jeffparish.net

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Americans with Disabilities Act

In accordance with provisions of the Americans With Disabilities Act of 2008, as amended, Jefferson Parish shall not discriminate against individuals with disabilities on the basis of disability in its services, programs, or activities. If you require aids or devices, or other reasonable accommodations under the ADA Amendments Act, please submit your request to the ADA Coordinator (below) at least 48 hours in advance or as soon as possible. [NOTE: 72-hour advanced notice required to request a certified ASL interpreter.]

Jefferson Parish Office
of Citizens with Disabilities
ADA Coordinator
1221 Elmwood Pk. Blvd
Suite 210
Jefferson, LA 70123
(504) 736-6086

Email: ADA@jeffparish.net

Photo Policy

Photographs are periodically taken of participants while engaged in programs, special events, or enjoying the parks. Please be aware that these photos may appear in the local newspaper and/or our publications (such as this one) or presentations. If you prefer that we not use your photo, please let the photographer know.

Don't see a program?

We are YOUR Parks and Recreation Department and are always looking for new ideas and ways to improve our services to you. Send us your ideas or requests!

Registration Policy

1. No confirmation of registrations sent. Report to class unless otherwise notified.
2. Classes that have not met minimum enrollment are subject to cancellation, you will be notified if cancelled.
3. Only paid participants allowed in class.
4. REFUNDS - No refunds given 3 working days before an activity begins. A service charge of 10% will be levied on all refunds. NO CASH refunds given - a check will be mailed within 4-5 weeks for those paid using cash or check; accounts will be credited if you paid using a card.
5. PAYMENTS must accompany the registrations. For mail-ins make check or money order payable to JPRD. Discover, Visa, or MasterCard accepted online or in our office only.
6. \$25 NSF fee assessed on returned checks.
7. CANCELLED classes by JPRD during a session will be rescheduled by extending the sessions and/or changing the class day/time.

Walk-in & Mail-in Registration

Pre-registrations are required for most classes. Registrations posted on a first come, first serve basis. The main office is open Monday thru Friday from 8:00 am - 5:00 pm. Registration is taken at the main office during office hours at 7437 Lapalco Blvd., Marrero.

Interested in Teaching or Coaching?

Have a skill and would like to share it with others? If you are qualified and would like to teach a program, please contact us - we will be glad to discuss your ideas! If coaching or assistant coaching is of interest to you, call or email us!

Internet Registration

JPRD introduced a new online software program Rec1. Participants will create a new account by going to www.jpcreation.org. Register for most classes, including camps, using a Discover, Visa or MasterCard. Some classes with special requirements are not available for online registration. For these classes, camps and programs please register by mail OR in person at our office.

Liability

Injuries are to be reported to the instructor and playground personnel as soon as possible. Medical reimbursements insurance has been incorporated into class fees, except in some programs, such as athletics, Golden Age, and Alternative Programs where participants pay a medical reimbursement insurance fee before participating. Claim forms can be obtained from the playgrounds or from our office



BASICS OF TENNIS

TERRYTOWN COURTS 5 & 6



ClipartOf.com/1107240

FREE CAN OF TENNIS BALLS W/REGISTRATION

TUESDAYS

Ages 6 to 12 (Fee: \$50)

Sep 13 - Nov 8 5p - 6p

Ages 13 to 17 (Fee: \$50)

Sep 13 - Nov 8 6p - 7p

Adults (Fee: \$60)

Sep 13 - Nov 8 7p - 8p

PRIVATE LESSONS UPON REQUEST

\$50 FOR SINGLES

\$35 EA. FOR DOUBLES

To Schedule call: 349-5000 x130

dlauland@jeffparish.net

Comic Book Making

(Ages: 6 to 12) Comic Book Making is an introductory class to the world of creating comic books. Participant will create a short comic book (one page, 3 panels) and learn about the history and creative process. Class time consists of a short lecture, brainstorming, layout, and presentation.

will provide supplies. A \$15 instructor fee is due the first class

Instructor: Zawadi Lamb Cost: \$45

Oakdale, Rm. 101 9:30a.m. to 11a.m.
Saturday, Sept. 11 to Oct. 15

Art Start

(Ages 6 to 12) Art Start is for the artist inside your child! Participants will learn shading, coloring, lighting, shapes, and much more! No Class: 10/8 & 11/12

A \$15 instructor fee is due the first class

Instructor: Penny Baker (6 classes - \$40)

Terrytown Plgd, Room 201 10-11:30am
Saturday, Oct. 1 to Nov. 19

Card Making

(Ages 16 to Adult) A holiday or a special occasion is never far away...what better way to preserve a special holiday than with hand made cards! Participants will easily create beautiful greeting cards to give to your loved ones and friends.

An \$8 instructor fee is due the first class

Instructor: Amy Dardar (1 class - \$15)

PARD Plgd, Rm 101 7:00 - 9:00pm Tues, Sept. 13

Dimensional Decor

(Ages 16 to Adult) Participants will learn the intricate and simple art of making beautiful treasures out of paper and other crafty items, perfect for a gift or for decorating your home. Treasures include an Air Balloon, flowers, beautiful boxes, and more! \$8 instructor fee is due the first class.

Instructor: Amy Dardar (1 class - \$15)

PARD Plgd, Rm 101 7:00 - 9:00pm Tues, Sept. 27

Banner Creations

(Ages 16 to Adult) In this 2week class, participants will learn the easy and fun art of making and costumizing a banner for any event! Banners can be stored and saved for future use.

\$8 instructor fee is due the first class.

Instructor: Amy Dardar (1 class - \$15)

PARD Plgd, Rm 101 7:00 - 9:00pm Tues, 10/11- 10/18

Geaux Tigers

(Ages 16 to Adult) Join **Instructor: Amy Dardar** to build a beautiful and simple tissue box cover to support our Tigers during this exciting football season! Amy will provide the su,plies...purple and gold colors, de'cor, , LSU theme items, etc.

\$7 instructor fee is due the first class.

Instructor: Amy Dardar (1 class - \$15)

PARD Plgd, Rm 101 7:00 - 9:00pm Tues, Sept. 20

Glass Etching

(Ages 16 to Adult) An art of creating a beautiful design onto smooth clear glass for you. Instructor Amy Dardar will teach you the basics glass etching: safety, material design, and etching. Students will utilize liquid solution with a design mold to create beautiful art. Students will complete 2 finished pieces. An \$8 instructor fee is due the first class.

Instructor: Amy Dardar (1 class - \$15)

PARD Plgd, Rm 101 7:00-9:00 pm Tues, Nov.8

Scrappin' Frenzy!

(Ages 16 to Adult) Participants will create a two page scrapbook layout, perfect for preserving memories! Supplies will be provided by the instructor. All are invited to this new and exciting class, from a scrapbook beginner to the most advanced scrap booker! An \$8 instructor fee is due the first class.

Instructor: Amy Dardar (1 class - \$15)

PARD Plgd, Rm 101 7:00 - 9:00pm Tues, Nov. 15

Autumn Jewels

(Ages 16 to Adult) Ms. Debbie is making beautiful jewelry for Thanksgiving and wants you to join her! Girls will make bracelets and boys will make a lanyards Instructor Fee \$8

Pard Rm101

Instructor: Amy Dardar \$15 Tues, 7:00 - 9:00pm

July 26

August 23

The Bead Club

(Ages 15+) Wheather a pro jeweler or beginner, "The Bead Club" is the place for you! Bring your jewelry items, a drink, and gather with others to make great jewelry! Beads, ideas, and finished pieces are shared in this club. ...learn basics and referbish old jewelry. Basic jewelry tools needed: wire cutter, nose pliers, crimp tool, beads, earring hooks, eye pins, jump rings, spacer beads, clasp and stringing wire.

Instructor: Deborah Bourgeois (\$10 Monthly)

Avon Plgd, Rm 101 10-12noon
Sats, 9/24, 10/22, 11/19 & 12/10

Have a fantastic idea

Fun Idea?

Creative idea?

Educational Ideal?

For a new class?!

**Contact Jennifer at 349-5000,
Ext 132 or jwalker@jeffparish.net**



Sewing for Beginners

Learn the basics of sewing in this new class. Participants will learn how to thread a needle, how to thread a sewing machine, basic stitches used in repairing and making clothes and other items(stiching straight line. backstiches and zig-zag), sewing various buttons, how to read a pattern, lay out, sewing safety, and complete a sewing project. Once participants have the basic knowledge of sewing, they will complete a small project to test their sewing skills. Handouts will be given on basic sewing. Please purchase a basic starter sewing kit at any craft store.

Instructor: Edith Jupiter (1 class - \$15)
 PARD Plgd, Rm 101 10:00 - 11:30am Tues, Sept. 13

Kids (8-14) 10-11:30am
 Saturdays, Sept. 10 - Oct.1 Saturdays, Oct. 15 - Nov. 5

Adults (15 & Up) 6:30-8pm
 Wednesdays, Sept. 7- Sept. 28 Saturdays, Oct. 15 - Nov. 5

Crochet & Knitting

(Ages 15 to Adult) Crocheting is the art of making a piece of needle-work by looping thread with a hooked needle. All interested beginners, intermediates and advanced students welcome. Beginners will make a baby afghan. Bring size "i" (as in igloo) crochet hook and 20 skeins of 3.5 oz. white worsted weight yarn, pattern will be given in class. Intermediate and advanced students can bring their own pattern, hook and material OR make a full size afghan (bring size i hook and 20 skeins of white yarn - pattern to be given at class).

Instructor: Mary Ann Singleton (8 classes - \$88)
 Belle Terre Plgd, Room 101 6:30-8:30 pm
 Thurs. Sept. 29 - Nov. 17

Basic Couponing

(16+Adult) Treat yourself to a "Girls Night In" Grab a coffee, some friends and join **Instructor: Stephanie Jones** for brownies and fun! Forget the hype...Basic Couponing is where the reality is at today!Stephanie will teach you how to save money with just one,simple secret...you can discover her successful secret by taking Basic couponing! Basics without going to the extreme: wether you are a beginner coupon clipper or a seasoned veteran, Basic Couponing does the work for you! Remember...it's the class that pays you back! (1

class - \$15) PARD Plgd, Rm 101
 6:30-8:30pm
 Mon. Nov. 26, Oct. 24, & Nov. 14

Computer & Internet Basics

(Ages 16 to Adult) Learn the basics of your computer (operating systems, keyboard skills, etc.) and the internet (email, web browsers, etc.). Participants will visit the local library to test their internet skills. Must have a laptop with Microsoft Office installed.

\$27 \$35
 Instructor: Venesta James
 Terrytown Plgd, Rm 201 6:30-8:30pm
 Wednesdays, Oct. 12 -Nov. 16

English Language Tutoring

(Age: 9-15) This program is for students who need help, want more time to study or sharpen English and reading skills. Bring necessary textbooks, a notebook, and a pencil to class. No class 11/22 & 11/24

Instructor: Patricia Johnson
 \$10 per session or \$15 per week (2 Sessions per week)
 Terrytown Plgd, Rm 101 6:30-8:30 pm
 Thurs. Sept. 29 - Nov. 17

Sales 504 (Age:15-18) This program is to help develope communication skills in order to demonstrate confidence and handle confrontational situations that happen in the field of sales. No class 11/12

Instructor: Lisa Ricks
 \$35 for 5 weeks 6:30-8:30 pm
 Terrytown Plgd, Rm 101 Thurs. Oct. 15 - Nov. 19

Line Dancing: "The Golden Years" \$7

(Adult 40+) Are you looking for a way to put some fun into your exercise program? Well, line dancing is for ladies and gentlemen over 40 with a spice for life. Join Instructor Judy to learn new line dances, bus stop, make new friends and get in shape! No class 9/5, 10/31 & 11/21

Instructor: Judy Smith Kennedy Heights Rm 101
 Mondays, 8/1-12/12 7:00-9:00p

Hip Hop & Majorette Dancing

(Age:12-17) A positive, fun, energetic, dance class! Dancers will learn Hip Hop and Majorette among a variety of dance styles. This high energy class is fun for everyone, from beginners to the most advanced dancers. Participants will nurture self esteem, self confidence, make new friends, get healthy, and have fun! No Class 9/22, 10/20, 11/22, & 11/24

Instructor: Joshua Parker \$15
 Tuesdays and Thursdays, September 6- December 15
 5:00pm - 7:00pm Plgd: Johnny Jacobs, Rm 201

TAP, BALLET & JAZZ

Calling all ballerinas, tappers, and jazz dancers! Paticipants will learn proper technique and vocabulary associate with dance. Performance at the end of the session for friends and family. Will need tap and ballet shoes, any color leotard and tights.

(10 classes - \$45)
 Terrytown Plgd, Room 202
 Sep 10 to Nov 5
Ages 3 to 6:
 Saturdays, 9:30-10:30 am
 10:30-11:30 am



***** Register early save a class! *****

Afro Modern Expression Fee \$60
 (Age: 12+) the body and mind while learning basic to intermediate dance techniques. We will explore movements and stylizations in Dunham Technique, African, and Cuban Dance. Appropriate Class Attire: Leotards and tights, form fitting workout/yoga gear, bare feet. No loose clothing.
Instructor: Andrea Peoples
 Terrytown Rm. 202 12pm. - 1:30pm.
 Saturday, Sept. 10 - Nov. 5

Baton Twirling (Ages: 4-10)
 Learn agility, rhythm and more! Participants will learn the basics and skills in baton twirling, a dance performance utilizing two batons. Participants will incorporate what they have learned in class into a dance routine. Exercise attire and tennis shoes required. Participants need two batons and may bring a water bottle to class. *No prior experience required.*
Instructor: Locern Bailey \$35
 Saturday, September 10 to October 1
 Saturday, October 10 to November 5
 10:30a.m. to 12pm Plgd:Terrytown, Rm. 205

Gymnastics \$35
 (Age: 4 to 10) Learn the basics of gymnastics and associated skills. Participants will incorporate what they have learned in class into a floor routine. Exercise attire and tennis shoes required. Participants may bring a water bottle to class.
No prior experience required!
Instructor: Locern Bailey
 Saturday, Sept. 10 to Oct. 1 Saturday, Oct. 15 to Nov. 5
 9a.m. to 10:30a.m. Plgd:Terrytown, Rm. 205

Power Singing Fee: \$50
 (Ages 16 to Adult) Discover your special voice in this new and exciting class! Topics covered include vocal hygiene, vocal warm ups, listening and expression with a power singing performance to utilize the skills learned in class!
Instructor: Susan Warmington
 Terrytown, Rm 102 7:00-8:00 p.m.
 Thurs, Sept. 15 to Oct. 6 Oct. 27 to Nov. 17

Rhythm Guitar \$90
 (Age: 16+) This class is for beginner participants who want to have fun! Participants will learn to play chords and strum to their favorite songs. Bring an acoustic guitar, picks, a capo and a 3 ring binder. You will learn to play your favorite musicians.
No class: 9/13 & 10/11. No prior experience required!
Instructor: Carlyn Glenn Plgd:Nicholson, Rm. 101
 Tues, Sept. 6 to Nov, 29 7p.m. to 8p.m.
 Saturday, Sept. 10 to Nov. 19 1p.m. to 2p.m.

Rhythm Piano
 (Age: 16+) Class is for the beginner participants who want to have fun! Participants will learn to read music by learning to play the piano. Participants will learn simple melodies and rhythms. Participants need a portable keyboard. *No class: 9/13, 10/11, & 11/22. No prior experience required!*
Instructor: Carlyn Glenn Plgd: Nicholson, Rm. 101
 Tues, Sept. 6 to Nov, 29 7p.m. to 8p.m.
 Saturday, Sept. 10 to Nov. 19 1p.m. to 2p.m.

Jacob Cherry 349-5000 ext.140 or jcherry@jeffparish.net

Junior Chef Showdown:

Fee: \$35 (3 Classes)

Does your child love to cook and watch cooking shows? Then this class will be perfect for them to further their culinary skills. Kids will compete against others in preparing many different dishes, while receiving direction from Chef Silton Banks. Chef Banks has an extensive ten plus year background in the culinary world. Terrytown Plgd, Rm. 204, 6-8pm

Ages: 7-10

- Sess. I 8/18, 8/25, 9/1
- Sess. II 9/29, 10/6, 10/13
- Sess. III 11/10, 11/17, 12/1

Ages: 11-14

- Sess. I 9/8, 9/15, 9/22
- Sess. II 10/20, 10/27, 11/3
- Sess. III 12/8, 12/15, 12/22



Bearded Dragon

Come be a part of Bearded Dragon Martial Arts and learn Shotokan Karate. Come learn how to defend yourself while learning effective self-defense using blocks, kicks, and punches. Board Breaking and weapons will also be taught. Come to class wearing loose comfortable clothings.

Instructor: Sensei Gage Brouillette

Ages: 7 - Adult

**Fee: \$60 per 8 wk session
Uniform/T-Shirt separate**

PARD Plgd Rm #201

**Mon & Thur
6:30 - 7:30 PM**

Sept 14 - Nov 7

**Holiday Special: \$46
Nov 10 - Dec 22**



New Class

Defensive Tactics

Intro to Defensive Tactics is a unique course where you can learn kicks, hand strikes, and pressure points, while discussing the use of force, as you drill for skill. Students will develop situational awareness while learning various escapes and joint locks. This course is available for children and adults age 8 and older.

Instructor: Kyo Sa Nim Ralph Hirschmann

**Fee: Age 8 - 16.....\$55 per 8 wk couse
Age 17 & Up.....\$60 per 8 wk couse**

**Terrytown Plgd, Room 202 Tues & Thurs, 7:15-8:15 pm
Aug 30- Oct 20
Oct 25 - Dec 20**

New Class

Fitness w/Val

Come join this energetic instructor for a Fun warm-up followed by a **Fat Burning Aerobic workout**. Get in better physical condition with a variety of alternating workouts. Lose inches, burn fat, and develop better cardiovascular fitness. Work the upper & lower body using weights, bands, crunches, and a variety of floor exercises. Class ends with a relaxing cool-down.



Instructor: Valliere Stanton **Fee: \$38 per 8 wk Session**
Tues. & Thur. 6 - 7 PM **Terrytown Plgd. #202**
Aug 23 - Oct 13
Oct 18 - Dec 13

**AM Body Blast
w/Zelda Weber**



(Ages 16 to Adult) Need a morning jump start? A bit of exercise in the morning can rev up your metabolism all day long. You will feel more energetic and may also sleep better. Most importantly, by exercising in the morning, you will be sure to get your workout in every single day before interruptions and distractions start up. Thi 1-hour class is dedicated to pushing your body to the next level. Bootcamp sports inspired style workouts include strength conditioning, muscle toning & envelopment, plyometric and interval training. Some workouts may be outside on the track. Will need exercise mat and don't forget water!

(8-week session - \$53) **Oakdale Plgd, Rm 102**
Aug. 24 - Oct. 19 **Oct. 21 - Dec. 21**
M/W/F - 9:00-10:00am

H.O.P. with Zelda Weber

(Ages 16 to Adult) Looking for a class that turns your weight loss journey into a success story? Look no further. Commit to one hour a day, three days a week, and join the many other participants who have become stronger, slimmer, and sexier all while exercising to a wide variety of music & different workouts to keep challenging the mind & body. This is a group setting which always makes exercising easier and keeps you accountable. All classes focus on a total body workout and may include high intensity/low impact aerobics, kickboxing, step, interval training, HIIT, boot camp, circuit training, toning & sculpting, stretching, and core strengthening. In order to achieve our full potential to be in our best shape, nutritional information is also distributed and discussed. (8-week session - \$53)

Oakdale Plgd, Rm 102
Mon, Wed - 5:00-6:00 pm, 6:00-7:00 pm, Sat - 9:00-10: 00 am
Aug. 27 - Oct. 24 **Oct. 26 - Dec. 5**
Tue, Thur - 5:00-6:00 pm, 6:00-7:00 pm, Sat - 9:00-10: 00 am
Aug. 25 - Oct. 1 **Oct. 4 - Dec. 1**

**Blood, Sweat, & Spirituality
the "L.A.B. CLASS"**

Come join Michael Simmons, Fitness Instructor, in this spiritually based fitness program. this program is designed to work your **Legs, Abs, & Butt**. If you need motivation, this is the class for **YOU!!!** Come get the results you've been striving for all of your life. You can't go wrong with this combination of fitness techniques. **FEE: \$40 per 6 wk session**

Johnny Jacobs Plgd. Rm #201 **New Class**
Mon, Wed, 5:30-6:30 pm or 6:30-7:30 pm
& Sat 9:00-10:00 am
Aug 8 - Sep 17 / Sep 19- Oct 29 / Nov 2 - Dec 10

Hatha Yoga

(Age 15 to Adult) A motivating class that boosts your self-esteem. Get into better physical condition with a variety of alternating yoga asanas (exercises). Learn how to apply your breathing to benefit your workout and your stretches. Experience a full healing of body, mind and spirit. Wear comfortable clothing and bring a mat. All levels welcome.



Instructor: Rachel Olson (\$50 per 8-week session)

Terrytown Plgd, Rm 202 M & W, 6:30-7:30 pm

Sep. 26 – Nov. 7

Holiday Special \$35

Nov. 21 – Dec. 2

Gold Fab 50+ w/Melissa

For the FAB FIFTY PLUS age group! Are you ready to party yourself into shape? That is exactly what this Latin type dance/workout is all about. It is an exhilarating, effective, easy-to-follow, calorie-burning dance fitness party that is moving millions of people toward joy and health. So what are you waiting for? Try it NOW. Please bring hydrating liquid and a towel.



Instructor: Melissa Flatau (8-week session - \$40)
BelleTerre Plgd, Rm 101 Wednesday 9-10 AM

Aug 24 - Oct 12

Oct 19 - Dec 14

TriYoga w/Barbara

(Age 15 to Adult) A complete form of Hatha Yoga. It is a union of posture (asana), breathing techniques (pranayama), and mudras (hand positions) which help focus one's attention inward to unite the mind, body and spirit. Tri Yoga includes relaxation-in-action with its unique wave-like movements.

Instructor: Barbara Dupart (\$50 per 8-week session)

Belle Terre Plgd, Rm 101 5:15-6:15 pm

M & W, **Aug. 31 – Oct. 26** **Nov 2 – Dec. 21**

PARD Plgd, Rm 201 9:30-10:30 am

Tues. & Thur., **Aug 23 – Oct. 13** **Oct. 18 – Dec. 13**

Zumba with Lisa

(Age 16 to Adult) Are you looking for a way to work out that is fun and doesn't feel like working at all? Then come to our Zumba party! The reason is simple every class is a party. You don't even have to know how to dance, just move your body and follow my lead. Plus, meet new friends in the process. It is easy - try it! I promise you will have a blast - watch out - you just might become addicted to it! I DID!



(\$ 45 - 1 class per week, \$ 75 - 2 classes per week or \$100- 3 classes per week.

Instructor: Lisa Pirie

Kings Grant Plgd. Rm 200 Tu & Thu 6:00-7:00 pm

Aug 23 - Oct 13

Oct 18 - Dec 13

PARD Plgd. Rm 201 M/W/Sa 9:00-10:00 am

Aug 29 - Oct 15

Oct 17 - Dec 17

Low Impact Aerobics w/Lori

(Ages 16 to Adult) Instructional and motivating class that boosts your self-esteem and metabolism. Get into better physical condition with a variety of alternating workouts. Includes Low Impact, high intensity aerobics, circuit training, floor work and an intro to Boot Camp and Kick Boxing at a moderate pace. Will need an exercise mat and don't forget water!



Instructor: Lori Gauthier (8-week session - \$38)

Oakdale Plgd, Room 103

M, W, 6:00-7:00 pm

Aug 24 - Oct 19

Oct 24 - Dec 19

ZUMBA w/YOLANDA

Hi, I'm Yolanda Wilson and I love teaching Zumba Fitness classes. The reason is simple: Every class feels like a party! Come join me and you'll see what I mean. You don't even have to know how to dance. Just move your body and follow my lead. It's easy! This 1 hour class is a Latin inspired dance party that has a fitness element that provides an excellent Cardio workout! Come try it, I guarantee you will have a blast! I look forward to meeting you! Requirements: non-skid shoes, water, and an **open mind!**



BUT WHY ZUMBA FITNESS???

- burn fat
- muscle toning
- increase cardio endurance
- have fun

FEE: \$45 per 8 wk session

Kings Grant Plgd. Rm#200

Sat. 9-10 am

Sep 9 - Oct 29

Nov 5 - Dec 17

New Class

Online Registration JPRD.org

Youth Athletic Programs: Register NOW! Football, Volleyball & Cheerleading

Gerry Constant, Area Coordinator,
349-5000, ext. 131 or gconstant@jeffparish.net

Sue Amor,

ext. 111 or samor@jeffparish.net

Will Comeaux,

ext. 127 or wcomeaux@jeffparish.net

Call your local playground listed on the
back page or Athletic Division

Register NOW
at your local Playgrounds for:

Cheerleading

Ages 5-15 (Determine by 8/1/16)

Tackle Football

Ages 6-14 (Determine by 8/1/16)

Flag Football

Ages 5-12 (Determine by 8/1/16)

Volleyball

Ages 5-17 (Determine by 8/1/16)

**Register in November for
Basketball Ages 5-17
(Determine by 9/1/16)**

**Register in January for:
Track & Soccer...Ages 5-17
(Determine by 1/1/17)**

**Adult Leagues offered in: SOFTBALL, FLAG
FOOTBALL & VOLLEYBALL.**

Registration must be in our office at least 1 month prior to league start date. Waiting lists do exist in some leagues. A \$5 per person per sport, non-refundable insurance fee PLUS an entrance fee must be paid before participating. Only teams may register. Minimum age of 18 by league start date.



**2015 JPRD
Spirit Bowl**



13-14
Seniors
Woodmere
"Jaguars"

11-12
Juniors
Woodmere
"Jaguars"



9-10
Minors
PARD
"Hawks"

9-10
Minor Nationals
PARD
"Hawks"



Intro to Cake Decorating (16+ Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Learn the right way to make buttercream icing, level, tort, and ice a cake. Students required bringing 2 baked cake layers, a container to transport and a cake spatula. Everyone will get a portion of buttercream icing to ice their cake. \$5.00 supply fee (icing)
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, September 15 6:30p.m. to 8:30p.m

Petit Four Workshop (16+ Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Impress family and friends with fabulous tasty desserts! Recipes included. Pre-Registration a MUST! Will need a \$3 supply fee (payable to the instructor the night of class) and a box for transporting. (Optional Petit Four Fork for \$6)
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, November 3 6:30p.m. to 8:30p.m.



Mini Wedding Cakes (16+ Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Come learn how to create 3-tier mini wedding cakes that are the perfect wedding flavor. these little cakes will be the hit of any party. You will learn the trick to handling mini cakes. **Bonus:** Learn how to create edible lace. Bring a 9x13 baked cake, a container to transport and a spatula.
 Optional: \$6 Supply Fee pay at class.
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, Dec 8 6:30p.m. to 8:30p.m.



Holiday Sweet Treats (16+ Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Learn how to make delicious treats for gift giving or creating a candy table for any occasion! Discover the secrets of creating gourmet apples, pretzel rods, strawberries and turtles. Pre-Register a MUST! In order to enhance your learning experience, class size is limited to a maximum of 10 students. Bring a container for transporting. Supply fee \$6 payable to instructor.
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, Dec 15 6:30p.m. to 8:30p.m.



**Jefferson Parish Recreation
 West Bank Leisure Service Division**

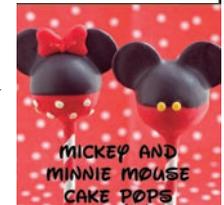
is looking for a few Qualified Instructors to teach a variety of Fun and Exciting Classes for our Community i.e, Dancing, Dog Obedience, Language, Fitness, Line Dancing & Crafts. Please Contact: Leisure Service at 349-5000

Cookie Decorating 101 (16+ Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Create a cookie bouquet for a fraction of the cost! Supplies needed \$3 Supply Fee payable to Mattie at class, waxed paper, paper towels, 2 tubes of icing, a 4-pack of Wilton Plastic Tips, Wilton paste Colores (1-2 colors), a box to transport, and 3-4 disposable cups. Theme...“Fall”
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, September 22 6:30 to 8:30p.m



Cookie Decorating 102 (16+ Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Expand your decorating skills by learning to incorporate different techniques into cookie decorating such as Painted Run Sugar, Glazing, Candy Dipping Glazing, Feathering, etc. and learn how to use Fondant, Luster, Petal Dust, Dragées, Edible Glitter, Food Color, Frosting Sheets, stencils, molds and various tools to add Pizzazz to your designs.(Cookie Bouquet I Course required) Supplies needed are waxed paper, paper towels, buttercream icing in a bag with tip #3 (any color), Roll N Cut mat or Clear Vinyl, small Rolling Pin, Angled Spatula, a container for cookies and a smile. A \$6 instructor fee is due to the instructor at the beginning of class.
 Terrytown, Rm. 102 **Fee: \$15**
 Thurs, Oct.13 6:30p.m. to 8:30p.m.

Mickey & Minnie Cake Pops (16+Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 They are decsdent little cakes on a stick or you can make cake balls.These bite size morsels of cake, coated in chocalate, are as yummy as they are cute. Register early! Bring a \$5 supply fee payable to instructor at class.
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, Oct. 6 6:30p.m. to 8:30p.m.



The Candy Workshop (15 to Adult)
Instructor Mattie Ausbrooks, Wilton Certified Instructor
 Discover the ease of making homemade chocolates in one night. Learn the basics of melting, molding, coloring and flavoring chocolate candy wafers. Learn how to make fill chocolates, barks, nut clusters and how to use chocolate transfer sheets. Includes handouts (recipe and sample taste). No experience necessary. Will need 2 bags of Wilton Candy Melts (1 chocolate, 1 white), 3 different plastic molds (1 for lollipops), and a container for transporting candy. (Optional: Wilton Candy Making Book),
 Terrytown, Rm. 102 **Fee: \$15**
 Thursday, Nov. 17 6:30p.m. to 8:30p.m.

For more info call Susan Hirschmann @ 349-5000 ext. 105
or shirschmann@jeffparish.net

WHAT ARE DISABLED PROGRAMS?



Parks and Recreation offers recreational activities to people with developmental disabilities. The goals are to improve or maintain physical, cognitive, emotional and social functions and promote healthy, independent leisure lifestyles. Year-round programs are offered in classes, events, clubs, and camps. The programs stress choice, involvement and self-direction while offering recreational experiences, new challenges and socializing in a safe environment. To ensure safety and enjoyment of others in recreational programs, participants are expected to display appropriate behavior. The success of all recreation activities depends not only on good planning and instruction, but the conduct of participants. Appropriate behavior includes the ability to follow instructions and interact with others in a socially acceptable manner. Must be mobility capable and able to attend to personal needs. It is to be noted that the annual, non-refundable insurance fee of \$7 must be paid before participating in any of these programs.

Crafty Fun

(Ages 14 & up) Express your artistic ability in making craft projects which are adaptable to each individual. Participant will need a "buddy" to assist with craft project. Bring \$15 supply fee payable to instructor to class.

Instructor: Melanie Bartholomew

(6 classes - \$20) Oakdale Plgd, Room 103
6:30-7:30 pm

Thurs, Aug. 18 - Sept. 22

Artist At Work

Instructor: Leslie Vedros

(Ages 14 & up) Basic drawing and painting. Bring \$15 supply fee payable to instructor.

TTGA Center \$20 (6 Classes)
Mon. 8/28-10/13/16 Time: 6:30-7:30p

Dance Is Our Line

(Ages 15 & up) Line dance for FUN while exercising to the latest Country Western music. Dance individually or with a partner. Instructor: Leann Falcone
(8 classes - \$20) Oakdale Plgd, Room 103
Tues, August 30-October 18 6:30-7:30 pm

Puzzle Night

(Ages:14+) Join the fun and laughter with friends.
*must register and pay \$10 in advance
by Friday Sept. 2

Terrytown Golden Age Center Fee \$10.00
Friday, Sept. 9 6:30-8:30

Spooktacular Crafts

(Ages 16+) Ms. Amy is making creepy crafts and wants you to join her in the fun in making cards and paper crafts! You will take home 1-3 crafts, perfect for Halloween that will amaze and scare your friends! **Instructor: Amy Dardar**
(1 class - \$15) Plgd, Rm 101
6:30 - 7:30pm
Tues, Oct. 25



Monster Mash Dance

(Age 15+) Costume and Dance Contest Music by "EZ" DJ. *Must register and pay \$10 in advance by Monday, Oct 10

Terrytown Golden Age Center Fee \$10.00
Friday, Oct 14 6:30-8:30pm

North pole Ornament Workshop!

(Ages 16 to Adult) Decorate an ornament for the JPRD 2015 "Holiday in the Park" (Lafreniere Park) Christmas Tree! Sponsored by the Jordan Acosta Sponsor Fund. Participants must have paid the Annual Insurance Fee to participate.
Oakdale Plgd. Rm 103
Thurs. Nov. 10 6:30-7:30 pm

Autumn Jewels

(Ages 16 to Adult) Ms. Debbie is making beautiful jewelry for Thanksgiving and wants you to join her! Girls will make bracelets and boys will make a lanyards Instructor Fee \$8
Pard Rm101

Instructor: Debbie Bourgeois \$15
Tues, Nov. 15 6:30- 7:30pm

Turkey Bingo

(Ages 15+) Take time out for fun, playing Bingo. You MUST register by Friday, Nov. 11
Terrytown Golden Age Center Fee \$10.00
Friday, Nov. 18 6:30-8:30pm

Golden Age Programs (Adults 50 & up)

For more info call 349-5000 ext. 138 or GVedros@jeffparish.net

Jefferson Parish Parks and Recreation's Golden Age Clubs are located throughout the West Bank area. There are 8 different clubs with members ranging in age from 50 to 100. Benefits in belonging to a Golden Age Club are: Weekly/biweekly meetings Monday through Thursday meeting activities include, but are not limited to, socializing, bingo, card games, darts, and discounted outings. Club intramural sports help prepare for the Senior Olympics. Special events which include theme dances, Bunco parties, quarterly Casino bus trips and annual vacation trips. Special events are for members and their guests. It benefits your social life, your health and our community enactment. Have a day job? We offer 2 night clubs at Nicholson and Waggaman It is simple to join a JPRD Golden Age Club - just select a convenient location (Please note - the club name is not always the location of the club meeting). Then just show up at the meeting and check us out! It is that simple!

GOLDEN AGE MEETINGS . . .

| | | |
|------------------|--------------------------------------|----------------------------------|
| Belle Terre Club |Tues, 1:00-3:00 pm |Estelle Senior Center |
| Bridge City Club |2nd & 4th Wed, Noon-2:00 pm |Bridge City Senior Center |
| Harvey Club |Mon, Noon-3:00 pm |Belle Terre Playground |
| Nicholson Club |1st & 3rd Tues, 6:30 pm |Estelle Senior Center |
| Oakdale Club |1st & 3rd Wed, 10:00 am-1:00 pm |Oakdale Playground |
| Terrytown Club |Thurs, 1:00-3:00 pm |Terrytown Golden Age Center |
| Theta Club |1st & 3rd Mon, Noon-3:00 pm |Terrytown Golden Age Center |
| Waggaman Club |1st & 3rd Thurs, 6:30-9:30 pm |Bridge City Senior Center |



COME GROW WITH US!
"A small club with a BIG Heart"
OAKDALE GOLDEN AGE CLUB
Meetings 10am. on the 1st & 3rd Wednesday of the month.
Oakdale Playground, Rm 103
For Info: Please call: Garry Vedros @349-5000 ext. 138

CERAMICS FOR SENIORS

The ceramic program returns to the Westbank of Jefferson Parish! Golden Agers are invited to join Golden Ceramics at Terrytown Playground to design and create beautiful ceramic figurines. A limited amount of paint is available, it is suggested that participants bring their own or can order new paints through the class. All other supplies are provided. This class is available to anyone over the age of 50, Golden Age members get a discount.

Location - Terrytown Room 203

Time - from 10:00am-12:00pm

Tuesdays, First Session, 8/30-10/18
 Second Session, 10/25-12/13



Senior Dance
 A soft tap dance class open to anyone over 50. Comfortable, non-slippery tap shoes needed.
Instructor:
Margaret Schulthesis
 (8 week session)
\$24 Golden Age Members
\$29 - Non Member
 PARD Plgd, Rm 201
 Wed, 6:00-8:00 pm
 Aug 17 - Oct 5
 Oct 12 - Dec 7
 Call Dawn Lauland @ #504-349-5000



Parc des Familles *710 acres under development!*

6101 Leo Kerner Lafitte Pkwy, Marrero 70072

Quadrplex

Consists of 4 ball fields with a pressbox/concession in the center. Coming will be batting cage and covered bleachers. It is available for rental - call our office at 349-5000 for details.

Boardwalk/Picnic Area

Construction will soon begin on 2,000 feet of boardwalk, a restroom building, a pavilion and picnic area. This will be located on the main entrance road to the park.

Lafreniere Park

155 acres of beauty for all to enjoy!

3000 Downs Boulevard, Metairie, LA 70003

504-838-4389 www.lafrenierepark.org

Open Daily

5:00am until 9:45pm

Office Hours - Mon-Fri,

8:00am-5:00pm

Reservations taken -

8:00am-4:30pm

2-Mile Walk Path

Our asphalt walking path stretches around and through the park and has 2 exercise stations. It is FREE and available during park hours.

Carousel

Located in the center of the park, it has 30 moving horses, a tiger, a zebra and 2 chariots (1 handicapped accessible) and is 32 feet in diameter. Just outside is the Spray Park and a play area for youngsters!

Ride during the public sessions for \$1 per rider.

Private parties can be booked through our office

Disk Golf

Disk (also known as Frisbee) golf can be enjoyed in the FREE 18-hole course!

Dog Park

This 5-acre area, built in 2011, has one-acre dedicated to small dogs and the remaining for larger dogs. One place a dog can run free and enjoy!

Please adhere to the Dog Park Rules posted at the entrance and on the website.

Foundation Center

Beautiful facility with an outdoor patio garden that overlooks the park. Available for

rental for special events, such as small weddings, retirements, etc.

Lagoon

All ages can enjoy fishing in our lagoon that winds through the park.

Labrynth

Coming soon! A walking meditation device with a single winding path from the edge to the center. Bricks available for purchase thru June 30, 2014 at \$100 each.

Visit www.jeffersonbeautification.org

or email parkwaypromenade@aol.com

for details.

Pavilion

This Park landmark is located in the center of the Park on an island. It is easily accessed from Mall Island bridges.

Spray Park

Located near the Carousel, this feature opened in July 2012 and has gained popularity. It features several water features designed for children ages 10 & under.

Online
Registration
JPRD.org

Reservation Policies

1. Reservation must be requested 5 working days in advance.

2. Reservations accepted Mon-Fri from 8:30 am thru 4:30 pm.

Rules and Regulations:

1. Profit-making functions not allowed except for JPRD or playground booster functions or sanctioned events.

2. No publicity, tickets, or invitations can be issued until reservation application and publicity is approved by JPRD.

3. We reserve the right to Pre-empt any activity for a JPRD function and will attempt to notify you as far in advance as possible.

Cancel any previously confirmed booking for violation of these rules.

4. All JPRD facilities are SMOKE FREE.

Cancellations

1. Must be requested, in writing, 10 working days in advance - \$20 fee charged.

2. No mechanical or live animal rides; no water play equipment (such as water slides, slip'n/slides, etc.)

2. Liability coverage (minimum of \$1 million required for Space Walks and/or other such apparatus.

3. No boiling of seafood. Debris must be put into dumpster or trash cans. No boiled seafood for indoor reservations.

Beverages

1. No glass containers allowed.

2. Any inside function consuming alcohol or having a large number of people will be required to have a Jefferson Parish deputy on duty. Arrangements will be made at the time of the reservation.

"Holiday In The Park"

Lafreniere Park

Friday, December 2

through Sunday, January 1

UPCOMING EVENTS

Gator Classic – BOYS

September 17 & 18

Gator Classic – GIRLS

September 24 & 25

Families Helping Families Run

October 1

Que Pasa Fest

October 7 & 8

Parkinson's Walk

October 15

JPSO - Night Out

Against Crime Kickoff

October 16

Park A Boo

October 28, 29 & 30

Light the Night

(Leukemia & Lymphoma Society)

November 3

N.O. Champions Cup

November 12 & 13

Pet Fest

November 20



Rent-A-Park : We have so much to offer! Some rooms and shelters are available for rental by individuals, clubs, organizations, and companies, when not secured for Parks and Recreation programs, at a very reasonable rate. Availability and locations are limited. Please call one of our facilitators to assist you. (See Reservation Policies on next page) All office hours are Monday through Friday from 8:00 am until 5:00 pm.

For Eastbank & LaSalle Park - call Becky at 736-6999 Ext. 200 or bletort@jeffparish.net

For Westbank - call Mary at 349-5000 Ext. 146 or mwilliams@jeffparish.net

For Lafreniere Park - call Cathy at 838-4389 or ccutress@jeffparish.net

Boat Launches

Glisson Park in Crown Pointe
Rosethorne at Rosethorne Playground in Lafitte
Bonnabel Boat Launch in Metairie.

Bucktown Marina

Located on Lake Pontchartrain off the Old Hammond Highway. Picnic areas also on site.

Dog Parks

Bonnabel at the end of Bonnabel Blvd by the Boat Launch.
Lafreniere Park - a 5-acre facility located inside the Park.
Both are FREE for you and your pet to enjoy.

Fishing Piers

Lower Lafitte - a hand-capped accessible fishing pier on the waterway in Lafitte
Rosethorne - built in 2012, this is located by the boat launch at Rosethorne.
Bonnabel - reopened in 2014 - is located at the Bonnabel Boat Launch.

Meeting Rooms

Most rooms available for meetings, parties, showers, birthdays, etc. Any function consuming alcohol or having a large number of people will be required to have a

Jefferson Parish Deputy on duty. Arrangements will be made at the time of the reservation.

Quadraplex

JPRD currently has two that are available for rental both of which consists of 4 softball fields with a pressbox- concession - restroom building in the center. LaSalle has covered bleachers and Parc des Familles will soon have same.

Running Tracks

Available for rental:
Johnny Jacobs or Kings Grant on the Westbank
Pontiff and Jefferson on the Eastbank
Jefferson - 1 lap - 1/4 mile
Pontiff - 1 lap 1/4 mile
J. Jacobs - 1 lap - 1/4 mile
Kings Grant - 1 lap - 1/4 mile
Spray Park

Lafreniere Park - located near the Carousel. This amenity opened in July 2012 and is available for public sessions and private parties.

Stadiums

Mike Miley Stadium on

West Metairie in Metairie is used not only by our teenage boys programs, but by local area high schools. It has an artificial turf infield.

Miley Softball Complex on Saints Drive in Metairie is used by our girls' programs and local area high schools.

Segnette Field, located at the Alario Sports Complex just off the Westbank Expressway, is used by our boys teenage programs, local area high schools and some colleges. It has an artificial turf infield.

Swimming Pool

Johnny Jacobs - This outdoor pool is available during summer months. Public sessions offered. Call office for hours.

Tot Lot (Play Equipment Areas)
Available at almost all of our playgrounds and at various satellite sites throughout Jefferson Parish.

Tennis Courts

Available at no charge at most playgrounds on a first come, first serve basis, except when reserved for our programs. When using, please be considerate and limit your use to 1 hour if others are waiting to play. Private or group lessons not allowed unless offered by JPRD.

Walk Tracks

Eastbank Locations:
LafrenierePark-2mi
LaSalle Park-LaSalle Loop-1 mi
Zephyr Loop-1.2 mi
Outer Perimeter-1.8 mi
Pontiff-1 mi
Westbank Locations:
Avondale North-.25 mi
Avondale South-.25 mi
Bellemeade-Bent Tree-.25 mi
Claiborne Gardens-.25
Esther St-.18 mi
Harvard Ave-5 laps=1mi
Hwy 90 Avondale-.16
Oakdale -.50 mi
PARD -.66 mi
Thomas Jefferson-.25
Westminster-.25 mi
Wilson St-.53
Woodland West-.25 mi

Reservation Policies

1. Reservation must be requested 5 working days in advance.
 2. Reservations accepted Mon-Fri from 8:30 am thru 4:30 pm.
- Rules and Regulations:
1. Profit-making functions not allowed except for JPRD or playground booster functions or sanctioned events.
 2. No publicity, tickets, or invitations can be issued until reservation application and publicity is approved by JPRD.
 3. We reserve the right to: Pre-empt any activity for a JPRD function and will attempt to notify you as far in advance as possible. Cancel any previously confirmed booking for violation of these rules.
 4. All JPRD facilities are SMOKE FREE.
- Cancellations
1. Must be requested, in writing, 10 working days in advance - \$20 fee charged.
 2. No mechanical or live animal rides; no water play equipment (such as water slides, slipn'slides, 11
1. No glass containers allowed.
 2. Any inside function consuming alcohol or having a large number of people will be required to have a Jefferson Parish deputy on duty. Arrangements will be made at the time of the reservation.



Camp Frosty

\$65 per camper

Ages:4-10 2/27-30/16

Monday, Tuesday,
Wednesday & Thursday

7:30 am until 5:30 pm

(Structured activities - 9am-3pm)

Pard & Terrytown

Playground,

Bring bag lunch

& drink daily



Contact Jennifer Walker @ 349-5000

Camp Gobble Gobble

\$55 per camper

Ages: 4-10

Monday, Tuesday,
& Wednesday

Pard & Terrytown

Playground

November 21, 22, & 23

7:30 am until 5:30 pm

(Structured activities - 9am-3pm)

Bring bag lunch & drink daily



Contact Jennifer Walker @ 349-5000

To register for a CLASS or MINI CAMP - Send this form along with the fee(s) to:

JPRD -WESTBANK, ATTN: Leisure Service, 7437 Lapalco Blvd, Marrero, LA 70072

Class _____ Playground _____

Class Day (of week) _____ Time _____ Start Date _____

Participant Name _____ M _____ F _____

Age (Children only) _____ Date of Birth ____/____/____

Address _____ City _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email address: _____ @ _____

IF ABOVE IS A MINOR, PLEASE COMPLETE THE FOLLOWING:

Mother's Name _____ Work Phone _____ Cell _____

Father's Name _____ Work Phone _____ Cell _____

Emergency Name _____ Relationship _____ Phone _____

Parks and Recreation reserves the right to expel anyone from a class or camp due to unacceptable behavior. Falsified or incomplete registration will result in rejection of your application and/or dismissal from class/camp. In case of an emergency or accident, my signature below, authorizes JPRD to seek immediate medical care. I have read and understand the rules and regulations above and do agree to comply.

Signature _____ Date _____

Amount enclosed \$ _____ Money Order _____ Check No _____ Received by _____ Date _____

**Jefferson Parish
Government**

**Parish President
Michael S. Yenni**

Parish Council at Large

Chris Roberts, Division A
Cythia Lee-Sheng -Division
B

MEMBERS

Ricky J. Templet Dist. 1
Paul D. Johnson Dist. 2
Mark D. Spears Dist. 3
Ben Zahn III Dist. 4
Jennifer Van Vrancken Dist. 5



**JPRD SEEKING
SPONSORS**
Interested in
becoming a
sponsor of
JPRD?
call Antoinette
Holmes at
504-736-6999
ext. 208 for
details.

Jefferson Parish Department of Parks & Recreation
C.J. Gibson, Director **Leo J. Webb, Assistant Director**
7437 Lapalco Blvd, Marrero, LA 70072
Phone: 504-349-5000 Email - jprecreation@jeffparish.net
Fax: 504-349-5013 Office Hours: Mon-Fri, 8am-5pm

Departmental Directory

ADMINISTRATION 736-6999:

C.J. Gibson, Director
JPrecreation@jeffparish.net.....Ext 226
Vicki Gusler, Secretary
VGusler@jeffparish.netExt 226
Leo J. Webb Sr., Asst Director
JPrecreation@jeffparish.net.....Ext 222
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JValence@jeffparish.net.....Ext 218
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CAnderson@jeffparish.net.....Ext 209
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RBergeron@jeffparish.net.....Ext 224
Soraya Pirsalehy, Clerk
SPirsalehy@jeffparish.net.....Ext 207
Uneeta LaCoste, Clerk
ULaCosta@jeffparish.net.....Ext 102

WESTBANK ADMINISTRATION

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JUreta@jeffparish.net.....Ext 148
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DFrickey@jeffparish.net.....Ext 150
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BCollins@jeffparish.net.....Ext 110
Brent Griffin, Zone 2 Manager
BGriffin@jeffparish.net.....Ext 106
Mary Williams, Facility Reserv Coord
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Carol Boling, Typist Clerk
CBoling@jeffparish.net.....Ext 154
Julie McDonald, Receptionist.....Ext 0

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BComeaux@jeffparish.net.....Ext 134
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Dawn Lauland Physical Programs
DLauland@jeffparish.net.....Ext 130
Susan Hirschmann, Disbld Population
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Garry Vedros, Golden Age
GVedros@jeffparish.net.....Ext 138
Jacob Cherry, Spec. Prog. Supr
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GConstant@jeffparish.net.....Ext 131
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SAmor@jeffparish.net.....Ext 111
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WComeaux@jeffparish.net.....Ext127



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700 S. Jamie Blvd, Avondale 70094
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MRich@jeffparish.net
Belle Terre Plgd349-5044
5600 Belle Terre Rd, Marrero 70072
Kathy Forsyth, Asst Supervisor
KForsyth@jeffparish.net
Bridge City Plgd736-8466
400 11th St, Bridge City 70094
Luis Aldana, Supervisor
LAldana@jeffparish.net
Estelle Comm Ctr349-5047
5012 Ehret Rd, Marrero 70072
Estelle Plgd.....349-5964
5801 Leo Kerner Lafitte Pkwy
Marrero 70072
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JKlink@jeffparish.net
5851 5th St, Marrero 70072
Harold McDonald Sr.349-5027
900 Drake Ave, Westwego 70094
Harvey Plgd364-3681
2240 Alamo St, Harvey 70058
Jarette Carmouche, Supervisor
JCarmouche@jeffparish.net

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Kenneth Averette, Supervisor
KAverette@jeffparish.net
Kennedy Hgts Plgd736-8467
248 Mission Ct, Avondale 70094
Shawn Buras, Supervisor
SBuras@jeffparish.net
Kings Grant Plgd.....349-5040
3805 15th St, Harvey 70058
TBD, Supervisor
@jeffparish.net
M L King Plgd364-3682
2400 Lester St, Harvey 70058
John Brooks, Supervisor
JBrooks@jeffparish.net
HNicholson Plgd349-5043
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Donald Lewis, Supervisor
DLewis@jeffparish.net
Oakdale Plgd364-3684
650 Wall Blvd, Gretna 70056
Rory Luke, Supervisor
ROLuke@jeffparish.net

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5185 Eighty Arpent Rd, Marrero
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Rosethorne Plgd689-3835
865 Jean Lafitte Blvd, Lafitte 70067
Sandra Bealer, Supervisor
SBealer@jeffparish.net
Terrytown Plgd.....364-3683
Golden Age Center364-3680
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70056
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