

DEPARTMENT OF JEFFERSON PARISH PARKS AND RECREATION GOLDEN AGE PROGRAMS

The Jefferson Parish Parks and Recreation's Golden Age Clubs are offered to members age 50 years old and up.

Come to a meeting and bring a friend. See how much JPRD has to offer such as trips, cruises, socials and so much more.

Some activities offered are:

- Club intramural sports help prepare for the Senior Olympics
- Special events which include theme dances, Bunco parties, quarterly casino bus trips & annual vacation trips
- Socializing, bingo, card games, darts & discounted outings.

The Golden Age Clubs help to benefit your social life, your health and community enactment.

For Information of the Eastbank Programs, please call 736-6999 ext. 114 or 143.

For Information of the Westbank Programs, Please call 349-5000 ext. 138.



GOLDEN AGE CLUBS ON THE EAST AND WEST BANKS

**Note: the club name is not always the
location of the club meeting**

1. Belle Terre Club, meets at the Estelle Senior Center on Tuesdays, 1—3pm.
2. Bridge City Club, meets at the Bridge City Senior Center on the 2nd & 4th Wednesdays, noon to 2:00pm
3. Cleary Club, meets at the Pontiff Golden Age Center on Fridays from 10am to noon.
4. Delta Club, meets at Delta Playground, Rm 3, on Tuesdays, 1pm to 3pm.
5. Girard Club, meets at Girard Playground, Rm 1, on Thursdays, 1pm to 3pm.
6. Harvey Club, meets at the Belle Terre Playground on Mondays, Noon to 3pm.
7. Jefferson Club, meets at the Jefferson Golden Age Center on Thursdays, 1pm to 3pm.
8. Lakeshore Club, meets at the Lakeshore Playground, Rm 3, on Fridays, 1pm to 3pm.
9. Little Farms Club, meets at the Jefferson Golden Age Center on Mondays, 1pm to 3pm.
10. Metairie Club, meets at the Pontiff Golden Age Center on Mondays, 1pm to 3pm.
11. Miley Club, meets at the Miley Playground, Rm 3, on Tuesdays, 1pm to 3pm.
12. Nicholson Club, meets at the Estelle Senior Center on the 1st & 3rd Tuesday, 6:30pm.
13. Oakdale Club, meets at Oakdale Playground on the 1st & 3rd Wednesday, 10am to 3pm.
14. Terrytown Club, meets at the Terrytown Golden Age Center on Thursdays, 1pm to 3pm.
15. Theta Club, meets at the Terrytown Golden Age Center on the 1st & 3rd Monday, Noon to 3pm.
16. Waggaman Club, meets at the Bridge City Senior Center on the 1st & 3rd Thursday, 6:30pm to 9:30pm.



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PROGRESSIVE JEFFERSON

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JEFFERSON COUNCIL ON AGING, INC.



The Jefferson Council on Aging, Inc. (JCOA) is a non-profit corporation organized under Louisiana Statute LA R.S. 46:1601 and 46:931. The Internal Revenue Service determined in 1970 that JCOA is a non-profit organization as described in Section 501(c)(3) of the IRS Code. The organization is governed by a volunteer board of directors.

JCOA is the designated Area Agency on Aging for Jefferson Parish. It is responsible for planning, organizing, and offering a comprehensive set of programs and services for improving the quality of life of Jefferson Parish's 60+ year old seniors. **JCOA's mission is "to assist the senior citizens of Jefferson Parish to age with dignity and independence in the place and manner of their choice."**

If you are interested in participating in any of the programs or services offered by the JCOA, please contact them at:

6620 Riverside Drive, Suite 216,
Metairie, LA 70003
(504) 888-5880 or toll free: (800) 635-1437

JEFFERSON PARISH SENIOR CITIZENS' SERVICES

The Jefferson Parish Office of Senior Citizens' Services is dedicated to identifying, prioritizing and enhancing the quality of life, independence, health, and dignity of the elder population in un-incorporated Jefferson Parish east and west bank including the Town of Jean Lafitte, by managing community based elder programs.



Senior Center membership is available to Jefferson Parish residents who are 60+ years old and their spouses (regardless of the spouse's age) at no cost.

The Centers offer many social, recreational, educational, and health service opportunities for their members and their guests.

Some of the beneficial opportunities offered at some of the Centers include:

- Exercise, wellness, and health promotion classes
- Senior Citizens' Health Exposition
- Senior Bean Bag Baseball Tournament
- Retired Senior Volunteer Program (RSVP) Luncheon
- Senior Dance Gala
- Crafts, bingo, and various board games
- Computer, language, art, dance, and music classes
- Legal services clinics
- Occasional day trips to special events and other venues
- Special programs during holidays

Each of the Senior Centers also serve as a JCOA nutrition site where eligible participants can enjoy a hot noontime meal (members must be qualified to be eligible for these meals). These meals offer seniors one-third of the daily nutritional requirements. These are called Congregate Meals and their menu varies throughout the year.

Additionally, special meals are offered by most of the Senior Centers to celebrate certain events, such as monthly luncheons honoring Center members whose birthdays occur during that month.

Transportation to the Senior Centers is available for congregate meal members who live in the proximity of the Center, but is often limited to those with special needs.

The Meals Program delivers to home-bound seniors.

JEFFERSON PARISH SENIOR CENTERS

BRIDGE CITY
1601 Bridge City Avenue
Bridge City, LA 70094, Phone: 504-436-2059

ESTELLE
5012 Ehret Road
Marrero, LA 70072, Phone: 504-341-4444

GRAND ISLE
3811 Highway 1
Grand Isle, LA 70358, Phone: 985-787-2685

GRETNA SENIOR AND WELLNESS CENTER
476 Franklin Avenue, Gretna, LA 70053
Phone: 504-301-3743

HARAHAN
100 Elodie Street
Harahan, LA 70123, Phone: 504-737-3810

KENNER
641 Compromise Street
Kenner, LA 70062, Phone: 504-468-7513

LAFITTE
4927 Treasure Drive
Lafitte, LA 70067, Phone: 504-689-4403

MARRERO
4420 7th Street
Marrero, LA 70072, Phone: 504-340-8336

METAIRIE
265 N. Causeway Boulevard
Metairie, LA 70001, Phone: 504-835-0210

THOMAS C. LAUGHLIN, JEFFERSON
4518 Jefferson Hwy, Jefferson, LA 70121
Phone: 504-734-0817

